

## Materials List and Safety Dress Code: Cook (Pre-Employment)

Cook is a highly skilled profession and one that requires safety and attention to detail. Academy Canada is committed to training students in a learning environment that is safe, supportive of the needs of the student, and academically sound in content and delivery. Academy Canada assures to maintain an atmosphere that is professional and emulates the workplace, and we expect the same from our students. The following is a breakdown of the required dress and materials list.

## Students are required to purchase the following materials:

**Important:** DO NOT make any purchases prior to consulting with your instructor.

## Knife Kit

- Chef's knife (10 in.)
- Boning knife
- Paring knife
- Filleting knife
- Serrated knife
- Vegetable peeler
- Steel
- 1 x Wrap or tool box
- 2 x Chef's Jacket (white)
- 1 x Pill Box Chef's hat
- 2 x Checkered or Black Pants
- 2 x Apron
- 1 x Steel Nose Non-slip Safety Shoes
- 1 x Timer
- 1 x Meat Thermometer (digital) Must read up to 400°F
- 1 x Fish Tweezers

## Notes:

- 1. Further purchases may be required. Please verify with your instructor.
- 2. Most items listed above can be purchased from Professional Apparel, Big Eric's (Blackmarsh Rd), Chandler (B&B Sales), or Atlantic Restaurant Supplies.
- 3. Please consult with your instructor prior to making any purchases including used textbooks.
- 4. In addition to the above, textbooks must be purchased for specific courses. The titles and prices are outlined on the attached sheet.

If you have any additional questions, please call the Admissions Office @1-800-561-8000.