

SPRING BREAK TRAVEL ADVISORY & HEALTH ALERT



March 27, 2024

As we gear up for a well-deserved Spring break, filled with adventures and relaxation, we urge you to stay informed and proactive about your health. Public Health has asked that we communicate with staff and students about a measles outbreak reported in several areas, and how crucial it is to ensure your vaccinations are up to date.

Why Vaccinate?

Measles is highly contagious, but highly preventable with a vaccine. Protecting yourself also safeguards our college community, especially those unable to receive the vaccine for medical reasons.

Planning to Travel?

- **Check your vaccination status:** A quick visit to your healthcare provider can give you peace of mind for your travel plans. You can talk to your doctor, nurse, pharmacist, or local public health office about getting the measles vaccine.
- **Stay informed:** Before you travel, check the health advisories for your destination. Knowledge is power!
- **Practice good hygiene:** Regular handwashing and using sanitizers can go a long way in keeping you healthy.

Let's make this Easter break memorable for all the right reasons. Safe travels, and let's look out for one another!

For more information on measles, the MMR vaccination, and how to access immunization records, please visit:

[Measles Factsheet](#)

[MMR Vaccine Factsheet](#)

[Accessing Immunization Records](#)

